



## Eco Challenge Module Description

<b>MODULE TITLE: ADVENTURE CHALLENGE</b>	
<b>MODULE DESCRIPTION:</b> A personal challenge through participation in outdoor activities within unfamiliar surroundings. Students will learn and develop new skills and develop their ability to respond effectively to the problems and physical challenges as required by the challenge/activity.	
<b>ECO CHALLENGE OUTCOME:</b> To improve their personal development skills.	
<b>LEARNING OBJECTIVES:</b> <ul style="list-style-type: none"> <li>To undertake a personal challenge</li> <li>To learn new skills to undertake the activity</li> <li>To adapt existing skills to meet the needs of the specific activity</li> <li>To adapt approaches to different challenges/environments</li> </ul>	<b>LEARNING OUTCOMES:</b> <ul style="list-style-type: none"> <li>To have the self confidence to try new activities</li> <li>To have learnt new skills or developed existing skills to undertake the challenge</li> <li>To adapt their approach to meet the needs of the challenge/environment</li> </ul>
<b>CURRICULUM/QCA LINKS 2007</b>	<b>CURRICULUM/QCA LINKS 2008</b>
Citizenship Unit 1 What is it all about? Unit 13 How do we deal with Conflict? Unit 14 Developing Skills of Democratic Participation  PE Unit 25 Outdoor and Adventurous Activities: Development Unit 26 Outdoor and Adventurous Activities: Intermediate Unit 27 Outdoor and Adventurous Activities: Advanced	Citizenship 2.1 Critical thinking and enquiry 2.2 Advocacy and representation 2.3 Taking informed and responsible action 3e,i 4b,c,e,g,h,j  PE 1.1 Competence 1.2 Performance 1.3 Creativity 1.4 Healthy, active lifestyles 2.1 Developing skills in physical activity 2.2 Making and applying decisions 2.3 Developing physical and mental capacity 2.4 Evaluating and improving 2.5 Making informed choices about healthy, active lifestyles 3b,c,d,e,f 4a,b,d,e

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